

# Getting Into Leadership Shape™

# A PROGRAM FOR EMERGING AND EXISTING LEADERS

### Learn how to:

- Become A More Impactful Leader
- Strengthen Relationships
- Improve Trust And Respect
- Communicate And Manage Conflict Better
- Hold Yourself And Others More Accountable



ARE YOU A LEADER OF INFLUENCE THAT OTHERS TURN TO FOR ADVICE?

ARE YOU TRUSTED AND RESPECTED BY OTHERS? HOW DO YOU KNOW?

DO YOU HAVE STRONG PEOPLE SKILLS TO CARRY YOU TO THE NEXT STEP?

> ARE YOU A GOOD LISTENER AND MOTIVATER OF PEOPLE?

# **Save the Date!**

### **PUBLIC PROGRAM**

See Website – Public Events Registration Open: 7:45 a.m. Program: 8:00 a.m. – 5:00 p.m. 19647 Solar Circle, B201 Parker. CO 80134

## **Or Choose Your Date**

Your Facility, Your People, Anytime!



The revolutionary Employers Edge Getting Into Leadership Shape for "staff and emerging leaders" helps people in the workplace develop the skills necessary to effectively lead and work with others. Through interactive coaching groups and experiential learning activities, participants master four core competencies from the book "Getting into Leadership Shape" by Ed Beard and Janet McCracken.

Participants are asked to complete the ProfileXT assessment prior to the training. In the training session, participants will gain an awareness about how others in the workplace perceive their leadership strengths and weaknesses.

Includes
One Day Training Session,

Training Materials, and the **ProfileXT Assessment** for

each Participant

\$950 p/p

### Agenda includes:

### **LEAD WITH TRUST & RESPECT**

Can someone trust your competence and your intentions?

- What Causes People To Trust Or Distrust Discussion
- The Eight Key Leadership Competencies Defined Self Assessment
- Recognizing The Four Types Of False Respect Fear, Entertainment, Know-It-All, And Control
- Strategies For Building Trust And Respect Group Exercise
- How To Be More Honest, Direct And Respectful In Our Communication With Others Exercise
- Coaching Groups Feedback Exercise

### LEAD WITH COURAGEOUS CONFIDENCE

Are you making the move or controlling the fall?

- Understanding Your Crash Pads How Fear Can Paralyze Action
- Understanding How Others Perceive You And How To Change Perceptions ProfileXT Debrief
- Create A Personal Leadership Development Plan Individual Exercise
- Coaching Groups Feedback Exercise

### LEAD WITH COMMUNICATION AND MANAGE CONFLICT

Are you a "ME monster" who talks more than you listen?

- How to recognize when you have a communication problem
- The ME monster Exercise It's all about me!
- How to "Listen Backwards" Group Exercise
- Understanding Your Conflict Style Self-discovery
- Anger and Assumptions How to stop an "interpretation" that leads to relationship conflict
- Coaching Group/Feedback Exercise
- How to deal with anger and avoid assumptions
- Practical strategies for improving communication with others

### LEAD WITH ACCOUNTABILITY

Do you take responsibility for your mistakes, or blame others?

- Understanding the Accountability Playing Field
- Holding Yourself and Others Accountable to Goals
- The Blame Game Exercise
- Accountability Coaching Questions for Yourself and Others

